

NAUTILUS
LEVERAGE[®]

NAUTILUS
TRUSTED STRENGTH CENTER



**Equipment shown in custom colors*

A ONE-OF-A-KIND PLATE LOADED EXPERIENCE

The Nautilus Leverage[®] line offers a one-of-a-kind plate loaded experience with features that outshine the competition. Leverage features stainless steel knurled grips, assisted seat adjustments and user pre-stretch settings. Using multiple levers and cams, Leverage creates a unique lifting profile for each movement that maximizes the mechanics of the human body. With a sleek look and integrated storage, the Leverage strength line will appeal to facility operators and their members. It's all about the feel and once you've exercised on Leverage, pushing and pulling weight plates will never be the same again.



PRODUCT CUSTOMIZATION

We know what it takes to build an authentic, meaningful brand experience. Our customization program is the perfect way to leverage your personal brand and make a strong first impression. Get Leverage machines in a variety of custom frame color and upholstery options.



A PERFECT PARTNERSHIP

Throwdown Free Weights pair perfectly with Nautilus Strength products allowing you to get everything in one place. You can even find free weight sets crafted specifically for popular Nautilus Benches & Racks, Leverage and Plate Loaded products.

corehealthandfitness.com



LOW ROW 9NP-L3004

W	51 IN (130 CM)
L	79 IN (201 CM)
H	46 IN (117 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	426 LBS (193 KG)
SHIPPING WEIGHT	567 LBS (257 KG)



SHOULDER PRESS 9NP-L4002

W	51 IN (130 CM)
L	71 IN (180 CM)
H	58 IN (147 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	410 LB (186 KG)
SHIPPING WEIGHT	567 LB (257 KG)



CHEST PRESS 9NP-L2002

W	59 IN (150 CM)
L	71 IN (180 CM)
H	58 IN (147 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	481 LB (218 KG)
SHIPPING WEIGHT	622 LB (282 KG)



ABDOMINAL CRUNCH 9NP-L5003

W	61 IN (156 CM)
L	62 IN (157 CM)
H	61 IN (156 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	461 LB (209 KG)
SHIPPING WEIGHT	611 LB (277 KG)



INCLINE PRESS 9NP-L2003

W	51 IN (130 CM)
L	76 IN (193 CM)
H	51 IN (130 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	413 LB (187 KG)
SHIPPING WEIGHT	556 LB (252 KG)



LAT PULL DOWN 9NP-L3003

W	51 IN (130 CM)
L	81 IN (206 CM)
H	80 IN (203 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	406 LB (184 KG)
SHIPPING WEIGHT	541 LB (245 KG)



DECLINE PRESS 9NP-L2004

W	58 IN (147 CM)
L	81 IN (206 CM)
H	49 IN (124 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	503 LB (228 KG)
SHIPPING WEIGHT	670 LB (304 KG)



HIGH ROW 9NP-L3005

W	51 IN (130 CM)
L	86 IN (218 CM)
H	73 IN (185 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	443 LB (201 KG)
SHIPPING WEIGHT	582 LB (264 KG)



BICEPS CURL 9NP-L5002

W	62 IN (157 CM)
L	61 IN (155 CM)
H	41 IN (104 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	465 LB (211 KG)
SHIPPING WEIGHT	629 LB (285 KG)

ADJUSTMENTS & MOVEMENTS

USER DEFINED RANGE OF MOTION	Fixed path
ASSISTED ADJUSTMENTS	Gas assist shock, wrap around handles on all seat height adjustments.
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	Yes on all units
UNILATERAL OR BILATERAL MOVEMENT	Unilateral and bilateral use
CONVERGING OR DIVERGING MOVEMENTS	Converging and Diverging motion with user pre-stretch adjustment for optimal start position dependent on SKU
PULLEY RATIO	N/A

FRAME SPECIFICATIONS & CABLE INFORMATION

STANDARD FRAME COLOR OPTIONS	Silver
STANDARD UPHOLSTERY COLOR OPTIONS	Black
FRAME FINISH	Electrostatic Powder coating
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	No
CABLE VS. BELT DRIVEN TRANSMISSION	Belt & Lever Drive
BOLT DOWN LOCATIONS DEFINED	Yes
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection
HARDWARE TYPE	Hex / Button Head
TUBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

USER SPECIFIC INFORMATION

STATIC PLACARDS	Start finish diagram with stating weight included
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes
ANIMATED LENTICULAR	No
SAFETY CATCH & STOPS	Yes, where applicable
WATER BOTTLE HOLDER	No
PHONE HOLDER	No
GRIP SPECIFICATIONS	Stainless steel knurled grip with red accent
FOOT PLATFORM	Oversized rubber non slip foot platform
CONTOURED PADS	Yes, contoured back pads on select machines with lumbar support
BELT STABILIZATION SYSTEM	No

WEIGHT STACK SPECIFICATIONS

TOTAL STACK WEIGHT	N/A
INCREMENTAL WEIGHT SYSTEM	N/A
WEIGHT STACK TOWER HEIGHT	N/A
PLATE LOADED	Yes, Max capacity 270 lbs per arm, 540 lb total. Starting resistance 15 lbs per arm.
WEIGHT STORAGE SOLUTION	4 weight horns to accommodate easy access
LNL TECHNOLOGY	N/A
ADD-ON RESISTANCE AVAILABLE	N/A
WEIGHT STACK SHROUD SPECIFICATIONS	N/A

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

